

# Reflecting

Reflect on what you've learned in this lesson about responding to bullying behaviours.

**What?**

What are some non-bullying behaviours?

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Why do you think it is important to understand whether or not you are being bullied before responding to a situation?

**So  
What?**

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**Now  
What?**

How do you think understanding and responding better to the bullying behaviours you encounter might possibly help you in real life?

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# Applying

Use the questions on this page to help you organise the findings you gathered from observing interactions between others in your school and community.

**What was one instance when you saw two people using non-bullying behaviour? What was the behaviour? How did you know it was not bullying?**

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**What was one time when you were concerned that the behaviour you saw was bullying? How did you react? How did it make you feel to witness it?**

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**Was there any instance when you engaged in non-bullying behaviours? Were you aware of it at the time?**

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# 3.7

## Reflecting

Reflect on what you've learned in this lesson about responding to bullying behaviours.

**What?**

What are some effective ways to respond to bullying behaviours?

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Why do you think responding to bullying behaviours in a positive way is so important?

**So What?**

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**Now What?**

How do you think the information you've learned today would be helpful to other people in your community if you shared it with them? How do you think the information will be helpful to you in the future?

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# Applying

Answer the following questions to plan a Bullying Prevention Campaign:

**How will a Bullying Prevention Campaign help students who are being bullied?**

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**What lessons should the campaign teach?**

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**How could you use the What, Why, and How Messages in your campaign?**

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**What is one way you could make your campaign stand out from other Bullying Prevention Campaigns you've seen?**

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